



**(SCTP) Postnatal Mother and Newborn Care (Classroom & Synchronous e-Learning)**

Topic/Module No	Topic/Module Title	Total Topic/Module Duration	Date	Day	Time (Start)	Time (End)	Session Duration	Mode (Classroom/Sync-E/Practical/Assessment)
1	1 - Care of Mother	5	08-Jan	Wed	07:00:00 PM	10:00:00 PM	3	Classroom
1 & 2	1 & 2 - Care of Mother + Care of Newborn	13	09-Jan	Thu	07:00:00 PM	10:00:00 PM	3	Classroom
1 & 2	1 & 2 - Care of Mother + Care of Newborn	13	11-Jan	Sat	09:00:00 AM	01:00:00 PM	4	Practical/Practicum
1 & 2	1 & 2 - Care of Mother + Care of Newborn	13	11-Jan	Sat	02:00:00 PM	06:00:00 PM	4	Practical/Practicum
1	1 - Care of Mother	5	13-Jan	Mon	07:00:00 PM	09:00:00 PM	2	Sync-E
2	2 - Care of Newborn	6	15-Jan	Wed	07:00:00 PM	08:00:00 PM	1	Classroom
2	2 - Care of Newborn	6	15-Jan	Wed	08:00:00 PM	10:00:00 PM	2	Practical/Practicum
2	2 - Care of Newborn	6	16-Jan	Thu	07:00:00 PM	08:00:00 PM	1	Classroom
2	2 - Care of Newborn	6	16-Jan	Thu	08:00:00 PM	10:00:00 PM	2	Practical/Practicum
1 & 2	1 & 2 - Care of Mother + Care of Newborn (revision)	13	18-Jan	Sat	09:00:00 AM	11:00:00 AM	2	Classroom
Assessment	Assessment 1	20	18-Jan	Sat	12:00:00 PM	06:00:00 PM	6	Assessment
Assessment	Assessment 2	20	22-Jan	Wed	07:00:00 PM	09:00:00 PM	2	Assessment
4	4 - Mental Wellness of Mothers	32	03-Feb	Mon	07:00:00 PM	09:00:00 PM	2	Sync-E
4	4 - Danger signs to look out for (Mother and Infant)	32	06-Feb	Thu	07:00:00 PM	09:00:00 PM	2	Sync-E
Assessment	Assessment 3	20	07-Feb	Fri	07:00:00 PM	09:00:00 PM	2	Assessment
4	4 - Basic Communication and Conflict Management Skills with family members (mother/mother-in-law)	32	15-Feb	Sat	09:00:00 AM	12:00:00 PM	3	Sync-E
4	4 - Basic Communication and Conflict Management Skills with family members (mother/mother-in-law)	32	15-Feb	Sat	01:00:00 PM	04:00:00 PM	3	Sync-E
Assessment	Assessment 4	20	15-Feb	Sat	04:00:00 PM	06:00:00 PM	2	Assessment
4	4 - Postnatal massage	32	22-Feb	Sat	09:00:00 AM	12:00:00 PM	3	Practical/Practicum
4	4 - Postnatal massage	32	22-Feb	Sat	01:00:00 PM	04:00:00 PM	3	Practical/Practicum
4	4 - TCM	32	26-Feb	Wed	07:00:00 PM	10:00:00 PM	3	Sync-E
4	4 - Nutrition & Diet	32	27-Feb	Thu	07:00:00 PM	09:00:00 PM	2	Sync-E
4	4 - Postnatal massage	32	01-Mar	Sat	09:00:00 AM	12:00:00 PM	3	Practical/Practicum
4	4 - Postnatal massage	32	01-Mar	Sat	01:00:00 PM	06:00:00 PM	5	Practical/Practicum
4	4 - TCM	32	05-Mar	Wed	07:00:00 PM	10:00:00 PM	3	Sync-E
Assessment	Assessment 5 (Nutrition & TCM)	20	06-Mar	Thu	07:00:00 PM	09:00:00 PM	2	Assessment
Assessment	Assessment 6 (Postnatal massage)	20	08-Mar	Sat	09:00:00 AM	01:00:00 PM	4	Assessment
3	3 - First Aid & BCLS/AED (1 of 2 days)	14	TBC	TBC	09:00:00 AM	12:00:00 PM	3	Practical/Practicum
3	3 - First Aid & BCLS/AED (1 of 2 days)	14	TBC	TBC	01:00:00 PM	06:00:00 PM	5	Practical/Practicum
3	3 - First Aid & BCLS/AED (2 of 2 days)	14	TBC	TBC	09:00:00 AM	12:00:00 PM	3	Practical/Practicum
3	3 - First Aid & BCLS/AED (2 of 2 days)	14	TBC	TBC	01:00:00 PM	04:00:00 PM	3	Practical/Practicum
Assessment	Assessment 7	20	TBC	TBC	04:00:00 PM	06:00:00 PM	2	Assessment

Course start 08-Jan-25  
 Last day of lesson 30-Mar-25  
 Course end\* 06-Apr-25  
 \*Course end date of 07 Sep 2024 is for admin purpose only.